

INFECTIOUS DISEASE AND INFECTION PREVENTION AND CONTROL COVID-19 COMMITTEE

Bulletin #42 – COVID-19 – ID-IPC Process for Discharging Patients – May 13 2020

Process for Discharging COVID-19 Patients Including Discharge Instructions

The Horizon Infectious Disease and Prevention and Control COVID-19 Committee has endorsed the [Staff Instructions for Discharging a COVID-19 Patient from Acute Care Facility](#) including the patient information handout “Coronavirus Disease (Covid-19) How to Isolate At Home When You May Have Covid-19” published by the Public Health Agency of Canada. Staff Instructions and the patient handout are available in [English](#) and [French](#) on Skyline, under [Coronavirus Resources](#). The information can also be easily be accessed using the Spectrum App.

COVID-19 Unit nurses and discharge planners are required to collaborate in the following discharge planning process of COVID-19 patients:

- Nurses must provide and review discharge instructions with the patient who is required to continue their self-isolation at home
- Discharge planners will:
 - Notify Public Health as each COVID-19 patient is discharged
 - Collaborate with Public Health regarding any patient that is being released who’s living situation may pose a risk of transmission of COVID-19 virus to others, such as:
 - Homelessness
 - Living in a shelter, group home, corrections facility, or other closed facility
 - Living in a seniors’ complex or nursing home
 - Cohabiting with a high-risk individual without the ability to self-isolate in the home