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**HORIZON BULLETIN**



**[Mandatory employee language self-assessment](#)**

Today, Horizon is deploying an online Language Self-Assessment to all staff and physicians. It is a mandatory organization-wide project to collect employees' primary and secondary language preferences.

This information will help Horizon better understand our organizational language capabilities and identify what programs and supports may be needed to ensure the quality and safety of the services we provide to patients.

Use the QR Code below or this [link](#) to complete the self-assessment on a smart phone, tablet or computer.



All staff and physicians are asked to complete it by end of day Friday, Feb. 26.

Click [here](#) for more information, or visit the Official Languages page on [Skyline](#).



**New Enhanced Recovery After Surgery Coordinator for Moncton area**

Kelly McClean has accepted the position of Enhanced Recovery After Surgery (ERAS) Coordinator for the Moncton area. Kelly has a solid foundation in surgery having worked in the general surgery for the past 17 years.

For the past 10 years, Kelly has also worked with the University of New Brunswick's undergraduate Nursing program as both a clinical instructor and a preceptor. Kelly will transition to this position on Feb. 25.

In this new role she will work closely with both Horizon and Vitalité to enhance our patients experience and ensure evidence-based practice is applied across the surgical experience. Her strong clinical knowledge, clear communication skills and collaborative approach will serve her well as she provides leadership and guidance for the ERAS program.

We look forward to working with Kelly in this exciting new role. Congratulations Kelly!



**SNB scheduled application / service outages**

Please be advised that due to necessary infrastructure security patching, several applications / service outages are scheduled for all Horizon areas. Click [here](#) to view the outage schedule for upcoming technology services updates.

[Technology approval process for IT equipment and telecom requests](#)

The process for technology approvals is being revised as follows:

1. Requests are to be submitted using the IT Equipment & Software Request Form and must include a cost centre (also known as GL code, or Department Code) for billing and/or tracing purposes.
2. Requests must be approved (signature and / or email approval) by the associated manager or director.
3. All requests that require approvals are to be sent to [ITApprovals@HorizonNB.ca](mailto:ITApprovals@HorizonNB.ca) for authorization and subsequent submission to SNB.

The IT Equipment & Software Request Form is accessible through [Skyline](#). If you have any questions, contact Sherri Rowe at 506-857-5685 or [Sherri.Rowe@HorizonNB.ca](mailto:Sherri.Rowe@HorizonNB.ca).

Click [here](#) for more information on what requests require manager or director approval, and how to submit requests.



[Life skills program improves mental well-being](#)

BounceBack, a life skills program, is designed to help New Brunswickers improve their mental well-being through self-guided online delivery and coaching.

The program is being offered through a partnership between the Department of Health and the Canadian Mental Health Association of New Brunswick.

BounceBack is a free, guided self-help program effective in aiding adults 19 and older manage low mood, mild to moderate depression, anxiety, stress or worry. With the help of telephone coaching and a selection of skill-building workbooks to choose from, participants can customize their own program, learn ways to overcome their symptoms and improve their mental well-being now and in the future.

More information about the program is available [online](#).