

**To:** All staff and physicians  
**From:** Maura McKinnon, Chief Human Resource Officer  
**Date:** Feb. 4, 2021  
**Re:** **HR Update**

### **Superbowl gatherings**

There are many New Brunswickers who gather annually to celebrate the Superbowl. However, as with so many other things during the past year, any gatherings must comply with the Public Health directives in response to the COVID-19 pandemic.

All Horizon employees and physicians are expected to follow the guidelines established by Public Health for their specific zone and ensure that any gatherings also comply. This is for your own health and well-being, that of your colleagues, and for our patients.

### **Remain familiar with self-screening questions**

We want to remind all employees and physicians of the importance of remaining familiar with the screening questions.

Please remember, the number for Employee Health is 1-833-978-2580, as well, you can find it online [here](#) (go to [HorizonNB.ca](https://HorizonNB.ca) scroll to the bottom of the page, and select Employee Access).

If you're unfamiliar with the screening questions, and are questioning if you should come to work, please do not hesitate to call Employee Health.

As always, the questions and signage for employees and physicians can be accessed [here](#) and [below](#). All updated posters are available on the [Coronavirus Skyline page](#).

Horizon is taking very seriously the health and welfare of its employees and physicians. We appreciate your co-operation as we institute measures designed to help keep you safe.

#1: Do you have **TWO OR MORE** of the below symptoms?

- FEVER/SIGNS OF FEVER (e.g., chills, feeling hot/cold, shivers, etc.)
- NEW COUGH OR A COUGH THAT IS GETTING WORSE
- SORE THROAT
- RUNNY NOSE
- HEADACHE
- DIARRHEA
- LOSS OF TASTE OR SMELL
- NEW ONSET OF MYALGIA (muscle pain)
- NEW ONSET OF FATIGUE

#2: Have you been outside of New Brunswick in the last 14 days for any reason, including work?

#3: Have you had close contact without the use of appropriate protective equipment with a **CONFIRMED** case of COVID-19 and have not been cleared by Employee Health to return to work?

#4: Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

**If you have been to or live in a Red Zone, please self-monitor for symptoms. If you have symptoms, please stay home and call Employee Health for an assessment.**