

To: All staff and physicians
From: Christie Ruff, Regional Manager, Employee Wellness and Safety
Date: Dec. 9, 2021
Re: **Point of Care Testing Reminders**

Employee Health would like to provide all staff and physicians with a few reminders and tips regarding Point of Care Testing (POCT) at home. This applies to all who are completing POCT for vaccine compliance and / or community accessed POCT.

1. If you are symptomatic, you **must always** book a [Polymerase Chain Reaction \(PCR\) swab](#) and a POCT is not recommended.
2. If you test positive with your POCT, you must book a [PCR swab](#).
3. If you have been to a community location that has been identified as an exposure risk, and you are NOT symptomatic, a POCT is appropriate.
4. If anyone in your household tests positive with a POCT, as a health care worker, you need to call Employee Health for further instructions at 1-833-978-2580.
5. If you are meeting the travel guidelines from Horizon, POCT is not an acceptable testing method.

Please refer to [this guideline](#) for more helpful hints and tips!

Note: Employees who require POCT due to vaccine compliance are able to pick up their kits at Employee Health. Employees who would like to obtain community POCT are able to pick up their kits at [designated community locations](#).