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Emergency Preparedness Week May 3 to 9

While governments at all levels are working hard to keep Canadians safe during the pandemic, we understand now, more than ever, that we all have a role to play in emergency preparedness. You can help to protect yourself, and others, against COVID-19 by staying informed and by following the advice provided on these sites: www.gnb.ca/coronavirus or en.horizonnb.ca.

We also know that we remain at risk of other disasters and natural hazards, including flooding, storms and wildfires. Click [here](#) for some resources to help you and your family stay safe and prepared.

Employee Self Screening

As of 12:01 a.m. on May 11, the physical screening of staff and physicians at facility entrances will cease and employees will be required to self-screen prior to entering any Horizon facility.

This aligns with Horizon's progression from the red phase of recovery to the orange phase.

Every employee and physician must review the screening criteria to determine whether they may enter a Horizon facility or whether additional contact and follow-up with Employee Health and Wellness is required. Click [here](#) to view the employee self-screening questions.

It is imperative that no employee or physician enter Horizon premises without contacting Employee Health if they answer "yes" to any the screening questions.

Employees and physicians are also reminded to clean their hands, either with soap/water or hand sanitizer, upon entry to Horizon facilities.

Revised COVID-19 Clinical Order Sets

The following COVID-19 clinical order sets (COS) have been updated to reflect new best practice:

Bulletin #39: COVID-19

May 8, 2020



PPO-AMS-40031 COVID-19 Known or Suspected Adult Admission

- Nasopharyngeal (NP) swab orders: NP swab for COVID-19, if not already done and a checkbox for NP swab for influenza if influenza-like illness
- New section for Respiratory Measures with checkbox for: Patient to sleep/rest in prone position, as tolerated (provided a trial of such positioning has been shown to be effective)
- Vitals changed to q4h from q6h
- Location of acetaminophen in Medication section

DIR-ED-40041 COVID-19 Active Screening Directive

- Addition of Preoperative Registered Nurses as an authorized health professional
- The inclusion of preoperative screening in the patient description/population
- Addition of new symptoms in clinical criteria

As there are frequent updates to the COVID-19 COS it is imperative that you retrieve the COS from our [Skyline](#) page as required and do not store on unit in paper form per our policy.

If you have any questions or concerns regarding clinical order sets, please contact Christie.Ruff@Horizonnb.ca.

Viral Collection Kits

The CHU Dr. G. L. Dumont microbiology laboratory supplies the COVID-19 collection and transportation kits.

Due to shortages, challenges exist in ordering and receiving the same viral transport media and swabs from week to week. Pictures and descriptions of the various viral transport media and swabs that may be received have been added to Spectrum to assist frontline staff.

Please see updated material under COVID-19 → Specimen Collection & Laboratory Testing → Viral Transport Media & Swabs.

This should help clear confusion surrounding different sample collection kits. The content will be updated to reflect new changes as needed.

Spectrum can be accessed via the desktop icon located on all Horizon computers or through the mobile version of the app available for free download to your mobile device.

GNB Updates

Public Health reported no new cases of COVID-19 today.

The number of confirmed cases in New Brunswick remains at 120; the number of active cases is two and 118 people have recovered. None of the active cases are in the hospital. As of today, 16,625 tests have been conducted.

To further slow the spread of the virus in the province, it is important to follow these personal actions:

- Stay within your two-household bubble.

Bulletin #39: COVID-19

May 8, 2020



- Maintain two metres of physical distance between yourself and others when you go out.
- When physical distancing is difficult, it is strongly recommended that you wear a face mask that covers your mouth and nose.
- Frequently wash your hands thoroughly.
- Avoid touching your face.
- Cough or sneeze into your sleeve.
- Regularly clean commonly-touched surfaces in your home, such as doorknobs and countertops.

If you or a member of your family are showing two of the following symptoms, contact Tele-Care 811 or your primary health-care provider for further direction:

- fever above 38°C;
- a new cough or worsening chronic cough;
- sore throat;
- runny nose;
- headache;
- a new onset of fatigue;
- a new onset of muscle pain;
- diarrhea;
- loss of sense of taste or loss of sense of smell; and
- in children, purple markings on the fingers or toes. In this instance, testing will be done even if none of the other symptoms are present.