

Bulletin #41: COVID-19

May 12, 2020



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Public Health reported no new cases of COVID-19 on May 11, for the fifth consecutive day.

The number of confirmed cases in New Brunswick remains at 120; the number of active cases is two and 118 people have recovered. None of the active cases is in hospital. A total of 18,062 tests have been conducted.

New Brunswick is currently in Phase 2 (Orange) of the COVID-19 recovery, which is aimed at the reopening of businesses and activities while working to prevent a resurgence of transmission.

To further slow the spread of the virus in the province, it is important to follow these personal actions:

- Stay within your two-household bubble.
- Maintain two metres of physical distance between yourself and others when you go out.
- When physical distancing cannot be maintained, face masks that cover your mouth and nose will be required to be worn in public.
- Frequently wash your hands thoroughly.
- Avoid touching your face.
- Cough or sneeze into your sleeve.
- Regularly clean commonly-touched surfaces in your home, such as doorknobs and countertops.

If you or a member of your family are showing two of the following symptoms, contact Tele-Care 811 or your primary health-care provider for further direction:

- fever above 38°C;
- a new cough or worsening chronic cough;
- sore throat;
- runny nose;
- headache;
- a new onset of fatigue;
- a new onset of muscle pain;
- diarrhea;
- loss of sense of taste or loss of sense of smell; and
- in children, purple markings on the fingers or toes.

New rules for visiting patients nearing end of life

Dr. Jennifer Russell, chief medical officer of health, announced new rules for visiting patients nearing the end of their lives in hospitals, nursing homes and hospices.

Patients will be permitted to designate two visitors to provide comfort and support. The two individuals selected will be the only visitors permitted and only one visitor is permitted at a time. No substitutions will be permitted. If a designated visitor, such as a frail, elderly spouse or person with a disability, requires a second person to support them, this person would count as the second chosen visitor.