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A message from Horizon's Executive Leadership Team: Six Feet at a Time – All the Time

Here's the scenario: A New Brunswicker kept his distance. By the time he became symptomatic and tested positive for COVID-19, he had not jeopardized a single friend nor colleague. The outcome? COVID-19 stopped with him simply because he followed the directives of Public Health and the Government of New Brunswick. This is not fiction. In fact, it happened within the last two weeks.

This scenario describes the importance of taking public health measures very seriously – measures such as hand hygiene, [physical distancing](#) and the use of masks.

In Horizon we see many examples of this behaviour occurring. Doctors and nurses don't huddle in alcoves, nursing stations or lunch nooks without wearing masks as they once did. And as a result of these precautions, COVID-19 will not break us or our ability to deliver health care.

However, [separating by six feet \(or two metres\)](#) as we walk into work doesn't give us the latitude to walk side-by-side to get

coffee, nor take a crowded elevator because we feel a sense of safety within our clinician bubbles. Other provinces know all too well that being too liberal, even in clinical settings, invites COVID-19 into facilities where it has the potential to run rampant.

Your use of hand hygiene, physical distancing, and masks when distancing is not possible, will stop COVID-19 in its tracks. We all have a role to play in this, and you're encouraged to remind your colleagues to maintain this separation or wear a mask in ALL circumstances. It will save us – much like the New Brunswicker did in the opening scenario.

When we forget about this new social and professional norm, accept a nudge from your colleague. Hand hygiene, distancing and masking measures help us keep up the safe, protective walls of our facilities for our patients and communities. Please use the many protective shields we carry amongst ourselves every working minute. When we take these measures, we keep COVID-19 from walking our corridors. If we inadvertently carry this virus to work, our behaviour ensures that it stops...with the asymptomatic carrier.

Bulletin #44: COVID-19

May 15, 2020



Thank you for living this new normal. A vaccination will come, and it will allow us to walk and talk more closely. Until then, let's keep each other, our families, loved ones and patients safe. Six feet at a time, all the time.

Sincerely,

Horizon's Executive Leadership Team

[GNB Updates](#)

Public Health reported no new cases of COVID-19 on May 14.

The number of confirmed cases in New Brunswick remains at 120; the number of active cases is two and 118 people have recovered. The two remaining active cases are not in the hospital. There have been 19,307 tests conducted.

New Brunswick is currently in Phase 2 (Orange) of the COVID-19 recovery, which is aimed at the reopening of businesses and activities while working to prevent a resurgence of transmission.

State of emergency extended

The declaration of emergency in the province was extended on May 14 for another 14 days.