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Video: Local Emergency Operations Centre COVID-19 response

Horizon encourages all staff to check out a new Communications video featuring members of our Local Emergency Operations Centre (LEOC) teams.

Leaders from Horizon's clinical and community teams all took part in a series of interviews over Zoom to reflect on the different stages of Horizon's planning and response to the COVID-19 pandemic.

The video can be viewed on [Skyline](#).

Reopening of Daycares

As part of moving to Phase 2 (orange) of the provincial recovery plan, the government announced that:

- non-regulated child care providers may open as of last Friday but must adhere to Public Health guidelines, including having an operational plan; and
- early learning and child care centres regulated by the Department of Education and Early Childhood Development are permitted to reopen as of May 19.

Re-opening childcare services is an important component of the plan to gradually re-open the economy, allowing parents to return to their workplaces. In order to enable the returns to work, you will see in this [guidance document](#) for early learning and childcare facilities that private babysitting is also an acceptable option for parents.

We ask that managers confirm with all their employees with pre-school or school-aged children the re-opening date for their childcare services (or babysitting arrangements).

This date will correspond to their date of return to the workplace, i.e. ending the working-from-home arrangement or

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the exceptional measure providing paid leave to employees with children who cannot work from home.

Mindfulness

On behalf of GNB, the Department of Health has partnered with [MindWell](#), a Canadian-based company, to offer a series of online mindfulness training. This easy to navigate, bilingual resource is dedicated to teaching the skill of mindfulness in action.

When you're mindful, you carefully observe your thoughts and feelings without judging them good or bad. Regardless of your level of stress or anxiety surrounding the current pandemic, the practice of being mindful reduces stress. Spending a few minutes a day on mindfulness has several benefits that support health and wellbeing.

You are encouraged to explore the benefits of mindfulness and check out the following introductory [video](#).

Moncton Area: NBOTP Resuming Ocular Recoveries

As part of its recovery plan, Horizon is allowing some additional priority elective surgeries to resume. NBOTP has also resumed some activities such as cornea recoveries.

As of May 19, NBOTP re-introduced cornea recoveries at reduced operations and in the Saint John area only. As of May 25, cornea recoveries will also be re-introduced in the



Moncton area. Non-ocular tissue recoveries remain suspended at this time.

To view the full operations protocol, click [here](#).

GNB Update

Public Health reported one new case of COVID-19 on May 21.

The new case, which is under investigation, is an individual under the age of 19 in Zone 5 (Campbellton region).

There have been 121 confirmed cases. The number of active cases is one and 120 people have recovered from their illness. None of the active cases are in hospital. There have been 21,474 tests conducted in New Brunswick.