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Reminder: EFAP is available for staff and family members

We understand the uncertainties surrounding COVID-19 can cause anxiety and stress.

We want to remind you of the support available to you and your eligible dependents through [Horizon's Employee Health and Wellness](#) site and other resources available 24/7 through Horizon's EFAP by calling inConfidence toll-free at 1-866-721-1738.

These services are free and confidential. We encourage you to take a moment to look through the [inConfidence](#) online resources by using the following log in credentials:

Username: **gnb**

Password: **inconfidence**

Update: Meeting room use and capacity changes

Earlier in our COVID-19 recovery plan we had communicated some interim changes and restrictions to our available meeting rooms ([Bulletin #38a – COVID-19 – Amphitheatre and Meeting Rooms – May 6 2020](#)).

Virtual meeting options are recommended as a preferred option whenever possible.

As per the Government of New Brunswick (GNB) and the Office of the Chief Medical Officer of Health (OCMOH) directive, indoor gatherings exceeding 10 participants is prohibited.

Signage has been added across our various facilities to remind staff and physicians of this restriction and to clarify maximum capacity of each meeting room space while physical distancing.

We have established guidelines for the booking and use of our meeting room spaces for when virtual meetings are not an option:

- a) The room capacity for the regional hospital facilities general meeting rooms will be made available on Skyline under Meetings and Travel Quick Links.
- b) Other meeting/lunch spaces on nursing units are to be managed by nurse managers.
- c) Facility managers for all other facilities will work directly with their staff to ensure the guidelines are followed.

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- d) Allowed bookings during each pandemic operating phase and the EVS managers contact information are available in the full bulletin [here](#).

Individuals who are responsible for booking the space will:

- a) Schedule in Outlook calendar as per the phase guideline, respect the maximum capacity allowed, and include time blocked for cleaning.
- b) Print the daily calendar and post on the meeting room door.
- c) No later than 3 p.m. daily provide the EVS Manager or delegate an email copy of the calendar for the following day, to ensure the space is cleaned according to IPC guidelines.

When staff and physicians utilize the meeting spaces:

- a) Respect the six feet physical distancing. When not possible, wear a surgical/procedure mask.
- b) Practice frequent hand hygiene.
- c) Tidy up the room and dispose of all garbage.
- d) When the meeting adjourns, the chairperson is to contact security to have the room locked for cleaning as per posted calendar.

These guidelines will be revised as required to align with OCMOH directives and ensure safe practices while meeting in these spaces.



Update: Self-screening criteria for employees and physicians

Self-screening questions and requirements for employees and physicians have changed. Please review important updates related to the Campbellton Area below.

Updated posters are available on the [Coronavirus Skyline](#) page.

All employees and physicians are reminded that they must self-screen, clean their hands, and follow protocols related to appropriate physical distancing and wearing of procedural masks in all Horizon facilities.

Every employee and physician must review the below screening criteria to determine whether they may enter a Horizon facility, or whether additional follow-up with Employee Health and Wellness is required.

If you answer YES to any of the below screening questions, DO NOT ENTER THE BUILDING. Instead, you are to:

- Contact Employee Health immediately by calling 1-833-978-2580
- Self-isolate
- Follow the appropriate absence notification process

#1: Do you have TWO OR MORE of the below symptoms?

- Fever/Signs of fever
- New cough or a cough that is getting worse
- Sore throat

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- Runny nose
- Headache
- Diarrhea
- Loss of taste or smell
- New onset of myalgia (muscle pain)
- New onset of fatigue

#2: Have you been outside of the province in the last 14 days for any reason, including work?

#3: Have you had close contact without the use of appropriate protective equipment with a confirmed case of COVID-19 and have not been cleared by Employee Health to return to work?

#4: Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

If you have travelled to the Campbellton Region (Zone 5) in the last 14 days, please note the below requirements:

- Employees with no symptoms do not have to self-isolate; they must self-monitor
- Employees who volunteer to work in a hospital in Zone 5 do not have to self-isolate; they must self-monitor
- Employees with symptoms must self-isolate until tested and have a negative result.
- If you have worked in a facility with a declared outbreak of Covid-19, you must self-isolate for 14 days prior to returning to work in a Horizon facility.



- Employees who volunteer to work in an Adult Residential Facility (ARF) must self-isolate for 14 days upon returning home

It is important that we remain vigilant in the wearing of masks at all times whenever we are unable to maintain proper physical distancing.

Palliative Care Visitation in Yellow Phase

Measures around restricting visitation in certain facilities have been put in place to limit the spread of COVID-19. Policy around visitation must balance compassion and safety by carefully weighing the risks and the benefits of doing so.

Now that the province is in the yellow phase of recovery, the visitation policy has been reviewed and amended to allow additional family members to visit during the palliative care period, as well as to allow visitors time to cross interprovincial borders and self-isolate, if required.

In order for such visits to occur in a RHA facility, the patient will need to have a Palliative Performance Scale (PPS) value of 40% or less, the patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home. Residents located in a long-term care facility would need to have a PPS of 30% or less, with the resident on palliative care and having become completely bed ridden.

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One visitor at a time will be permitted to enter, unless associated support is required, or a patient is at a PPS of 20% or less, in which case 2 visitors will be allowed at a time.

The patient or person of authority can designate up to 10 members of their immediate family or close friends who can take turns visiting. The facility should be provided with the list of individuals in advance.

Also, one additional visitor (pastoral/spiritual care), per palliative care patient at the end of life, will now be allowed to enter the facility to provide comfort to the patient, family and loved ones during the end of life period.

If a designated visitor is from out of province, they can apply for an exemption to cross the inter-provincial border for compassionate reasons (application form attached) or the individual can be directed to call 1-800-863-6582. This process is being managed through a partnership between the Department of Public Safety and the Red Cross.

Once a visitor arrives in the province, they will be monitored by regional Public Health for the 14-day period.

If the patient could die within 7-14 days, the out-of-province visitor will be permitted to self-isolate for a minimum of 5 days and then be tested for COVID-19. If the test is negative, the visitor would then be allowed to visit, provided they agreed only to go to and from the place where they will self-isolate and the patient's room in the palliative care facility. This visiting plan would need prior approval from the facility to



ensure its feasibility. If approved, the visitor would need to show his or her test result to gain entrance.

All visitors are required to comply with the public health measures that are in place; staying home if unwell; if they have travelled outside New Brunswick in the last 14 days, they should be self-isolating at home; should be screened for symptoms prior to entering the facility. Also, the visitor must adhere to the institutions' policies and practices for infection prevention and control during their visit.

These are very challenging and unprecedented times. This directive limits the possibility of the virus being introduced into facilities while ensuring that compassionate, safe care is provided.

The Pandemic Task Force

[GNB Updates](#)

Public Health reported one new case of COVID-19 on June 9.

The new case is an individual between 20 and 29 in Zone 1 (Moncton region) related to travel.

The number of confirmed cases in New Brunswick is 147 and 121 have recovered, including one related to the outbreak in Zone 5 (Campbellton region). There has been one death, and the number of active cases is 25. Five patients are hospitalized with one in an intensive care unit. As of today, 34,814 tests have been conducted.