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Hair salons within Horizon facilities

Hair salons within Horizon facilities will remain closed at the present time in alignment with Horizon's COVID-19 Recovery Guidelines that restrict:

- Movement of patients off their units unless for essential ambulatory services;
- Movement of staff off their assigned work area unless related to their position requirements or to obtain food; and
- Access of public to facilities unless it is for a medical appointment or as a designated visitor.

Recovery Journey

The past couple of weeks have demonstrated how fluid the journey will be during the provincial recovery effort. Due to a number of new COVID-19 cases in Campbellton (Zone 5), that region [transitioned back to the Orange level](#).

Public Health officials have consistently cautioned New Brunswickers that we will have new cases during the recovery period. The objective is not zero cases, but to minimize the number of cases.

As disappointing as this outbreak is for all of us, an outbreak was expected during recovery, and we expect there will be more over the next few months. Public Health officials have emphasized that our collective and individual behaviours will largely determine the extent to which we keep the virus at bay.

Cautions in relation to Zone 5 (Campbellton region)

- If you have been in the Campbellton region or you have been in contact with someone who travelled from there, self-monitor closely for symptoms for 14 days from the time of travel or contact. If you live or work in the Campbellton region, continuously self-monitor for symptoms.

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- If you have symptoms of COVID-19, self-isolate and call 1-833-475-0724.
- If you have been in close contact with a known case, you will be contacted by Public Health through their contact tracing process. Please follow Public Health's guidance if they contact you.
- Please avoid non-essential travel to or from the Campbellton region.

Prevention

It is crucial that we follow Public Health's guidance at home, in our communities and at work.

We must continue taking the required preventive measures in our workplaces. This means following the required prevention measures, especially: [2-metre physical distancing](#), frequent [hand washing / sanitizing](#) and [respiratory hygiene](#).

As well, even though most of us live in regions under level Yellow, we need to be careful about limiting the number of close contacts and unnecessary interactions, and ensuring the proper use of face masks while at work and in the community, including when the two-metre physical distancing cannot be maintained.

Resilience

The recovery period will last for several months, possibly up to a year or more. This will continue to be an unsettling period,



but New Brunswickers will be depending on us nonetheless to keep providing our valuable programs and services.

We must do our best to be resilient as an organization. Public Health and EMO are prepared to deal with virus outbreaks as they happen. As an employer, Horizon has taken steps both to ensure the safety of our workplaces and the continuity of government programs and services whether we are in yellow, orange or red levels.

We must also do our best to be resilient as individuals. We will experience various levels of anxiety and stress at different times. Getting used to the "new normal," with the virus being in the province over a prolonged period, will not be easy. Please look after yourself. There are [EFAP](#) resources available to help you. Above all, be kind to one another.

Employees are encouraged to stay informed and understand the impact of this recent change and further updates as we progress through [recovery](#).

Cornea Recoveries Resuming

The Ocular Division of the NB Organ and Tissue Program (NBOTP) is resuming cornea recoveries in the Fredericton and Upper River Valley areas in addition to the Saint John and Moncton areas.

Recoveries were previously suspended in response to the COVID-19 pandemic in New Brunswick. As of May 19, NBOTP

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has re-introduced cornea recoveries in the Saint John area. As of May 25, cornea recoveries resumed in the Moncton area. As of June 12, cornea recoveries will resume in the Fredericton and Upper River Valley areas.

To view the full protocol for each area, click [here](#).

[Pandemic Task Force Memos](#)

[Pre-operative testing for COVID-19 in Yellow Zones](#)

In the month of May, about 2,500 patients received elective surgery in New Brunswick. All were tested for COVID-19 as part of the pre-operative screening process and no positive cases were found.

Introducing COVID-19 testing for asymptomatic elective surgery patients was intended to support the province's ability to monitor the incidence of the virus in our population.

Considering the epidemiology of New Brunswick's COVID-19 outbreak, the results of the pre-operative testing so far, and the need to protect our supply of test kits and reagents, **routine pre-operative testing for COVID-19 in asymptomatic elective surgery patients will no longer continue for New Brunswick health zones in the Yellow Phase.**

This directive is effective immediately. Pre-operative testing for COVID-19 should continue for symptomatic elective surgery patients, those with close contact with a known case, persons



with a travel history and/or those who live in a known community/facility cluster area. This testing should occur no more than 3 days prior to surgery.

Elective surgery patients should still be asked the COVID-19 screening questions on the day of their surgery.

[Outdoor visits with residents of Adult Residential Facilities and Nursing Homes in Yellow Zones](#)

Residents of nursing homes and adult residential facilities are extremely vulnerable to COVID-19. Experience in other jurisdictions has shown that COVID-19 has been introduced into these settings by asymptomatic or mildly symptomatic people.

However, we also know residents of these facilities are missing their families and friends and are vulnerable to loneliness that can affect physical and mental health.

Operators of nursing homes and adult residential facilities in Yellow Zones can now choose to allow residents to have a friend or family member visit if the following can be accommodated:

1. The visit is scheduled in advance.
2. The visit is to take place outside.
3. The visit is limited to 2 visitors at a time.

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4. There is sufficient outdoor space to allow for physical distancing of 6 feet from the resident, which must be maintained throughout the visit.
5. The number of visits at one time is limited in order to respect the current recovery guidance for social gatherings.
6. Working with the family member or friend to schedule a time for the visit may help protect against large group gatherings at any given time.

Restoring visitation to our long-term care facilities will be a staged process and it is recognized that outdoor visits are more feasible for adult residential facilities. The Government of New Brunswick has announced that indoor visits can resume June 19.

Facilities will also be required to continue to follow other directions for visitors, including screening for active symptoms, recent contact with an active case or travel outside of the province prior to entering the facility.

Medical Assistance in Dying

The Pandemic Task Force recognizes that individuals obtaining medical assistance in dying (MAiD) require and deserve the support and comfort of those close to them at the end of their life.

Effective June 9, if the intervention is performed at home:

- a maximum of ten people can be present, including the individual receiving MAiD, health-care providers and clergy (one member if requested) to align with the current mandatory order in place;
- face coverings must be worn but can be removed for a short time during final goodbyes with the person who is about to pass;
- infection prevention and control protocols must be adhered to, by restricting anyone from attending who is symptomatic of COVID-19 symptoms. Ensure hand hygiene is adhered to and environmental cleaning is conducted in the home, paying attention to high touch areas.

If the intervention is performed in a hospital/facility setting:

- a maximum of five people can be present, including the individual receiving MAiD, health-care providers and clergy (one member if requested);
- to protect others in the facility:
 - face coverings must be worn but can be removed for final goodbyes with the person who is about to pass;
 - infection prevention and control protocols must be adhered to, including pre-screening upon entry to the facility, restricting anyone with COVID-19 compatible symptoms from entering, maintain physical distancing from others inside the facility and ensure adherence to hand hygiene.

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If the individual receiving MAiD is hospitalized prior to the intervention, established visitation rules apply leading up to the intervention.

Anyone travelling across a provincial border into New Brunswick to be present for the intervention must self-isolate for 14 days in New Brunswick prior to the intervention. A process has been established with the Department of Public Safety/Red Cross to apply for an exemption to cross the inter-provincial border for compassionate reasons (application form attached) or the individual can be directed to call 1-800-863-6582. Once a visitor arrives in the province, they will be monitored by the regional Public Health office for the 14-day period.

This directive was made to give New Brunswickers the opportunity to die with dignity while at the same time protecting the health of others.

