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Click [here](#) to view a Q&A explaining everything you need to know before visiting a patient or attending an appointment at a Horizon facility.

[Updated self-screening criteria for employees and physicians](#)

With Zone 5 re-entering the yellow phase, self-screening questions and requirements for employees and physicians have been updated and can be found below.

Updated posters are available on the [Coronavirus Skyline page](#).

All employees and physicians are reminded that they must self-screen, clean their hands, and follow protocols related to appropriate physical distancing and wearing of procedural masks in all Horizon facilities.

Every employee and physician must review the below screening criteria to determine whether they may enter a

Horizon facility, or whether additional follow-up with Employee Health and Wellness is required. Employee Health is on call daily and is available to answer any questions or concerns by calling 1-833-978-2580.

If you answer **YES** to any of the below screening questions, **DO NOT ENTER THE BUILDING**. Instead, you are to:

- Contact Employee Health immediately by calling 1-833-978-2580
- Self-isolate
- Follow the appropriate absence notification process

#1: Do you have **TWO OR MORE** of the below symptoms?

- Fever/Signs of fever
- New cough or a cough that is getting worse
- Sore throat
- Runny nose
- Headache
- Diarrhea
- Loss of taste or smell

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- New onset of myalgia (muscle pain)
- New onset of fatigue

#2: Have you been outside of the province in the last 14 days for any reason, including work?

#3: Have you had close contact without the use of appropriate protective equipment with a confirmed case of COVID-19 and have not been cleared by Employee Health to return to work?

#4: Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

Visitors from out of province

Visitors to New Brunswick will be told at the border that they need to self-isolate for 14 days upon arrival. If they are planning on staying with you, as a Horizon employee you need to be informed.

Q: Can I continue to work if I have family visiting from another province?

A: You need to be sure that your family can follow the guidelines provided at the border from the province of New Brunswick.

What are the Self-Isolation Guidelines?

- Go directly to the place where you will isolate, do not stop anywhere, and stay in your place of isolation for 14 days from the date you arrived in New Brunswick.
- Limit contact with others in the place of isolation, including children and pets.
- Stay in a separate room and use a separate bathroom from others in the home.
- Do not have visitors.
- Do not leave your place of isolation unless it is to receive medical attention.
- Do not use public transportation (e.g., buses, taxis).
- Do not go to public areas.
- Do not go into the community; including the grocery store and pharmacy.
- If you need groceries, medication or other essential items, arranged to have a family member, friend, neighbor, or anyone else who is not in self-isolation to do this for you.
- If you need to be in contact with others, practice physical distancing by keeping at least two meters (six feet) between yourself and the other person, wear a mask and practice proper hand hygiene.
- All individuals in the household should self-monitor during the 14-day period. If you or anyone else in the household develops symptoms, the symptomatic individual should isolate from others as quickly as possible and immediately call 811. All other individuals in the household must self-isolate until COVID-19 is ruled out. If COVID-19 is confirmed all persons in the accommodation must follow the advice of Public Health.

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If you can ensure that you and your family can maintain these guidelines, then yes, you can continue to work.

Pandemic Task Force Memos

Optional pre-op testing for surgery on the lower respiratory or upper aerodigestive tract

On June 5, the Task Force issued a directive to cease COVID-19 testing for asymptomatic elective surgery patients from yellow phase zones.

This directive remains in effect, except for surgeries being performed on the lower respiratory or upper aerodigestive tract, where pre-operative testing for COVID-19 may continue on an optional basis.

The Provincial Surgical Advisory Group is tasked with examining the role of testing in this population, given that risk would be exceptionally low in the context of a yellow recovery phase. A final recommendation will be made to the Task Force by July 6 on whether to continue with this exception.

Pre-operative testing for COVID-19 should continue for symptomatic elective surgery patients, those with close contact with a known case, persons with a travel history and/or those who live in a known community/facility cluster area. This testing should occur no more than three days prior to surgery. Elective surgery patients should still be asked the COVID-19 screening questions on the day of their surgery.

Please note that the province's limited supply of GeneXpert tests should not be used for the pre-operative screening of elective surgery patients.

Visits to Long-Term Care Facilities, Adult Residential Facilities and Regional Health Authority Facilities in Yellow Zones

Starting July 3, Atlantic Canadians will be able to travel freely between the four Atlantic Provinces. As a result, the Task Force wishes to advise that visitors from Nova Scotia, Prince Edward Island and Newfoundland and Labrador are permitted to visit New Brunswick long-term care facilities, adult residential facilities and hospitals without a 14-day self-isolation period.

All the other directives set out in Memos 23 (outside visitation) and 27 (inside visitation) continue to apply to facilities in a yellow zone.

Patients from Campbellton region receiving treatment outside of Zone 5

The New Brunswick Pandemic Task Force wishes to advise that effective June 29, interfacility transfers of patients from Zone 5 no longer need to be considered as a COVID-19 suspect case. June 29 marks the 14th day since the first nosocomial case of COVID-19 in the Campbellton Regional Hospital.

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Community members from Zone 5 no longer need to be considered as a COVID-19 suspect case on June 26 when the zone returns to the yellow phase.

