

Department of Health / Ministère de la Santé
Pandemic Task Force / Groupe de travail sur la pandémie
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Date: September 21, 2020 / Le 21 septembre 2020

To/Dest.: Horizon Health Network / Réseau de santé Horizon
Vitalité Health Network / Réseau de santé Vitalité
Social Development / Développement social
EM/ANB

From/Exp.: NB Pandemic Task Force/Groupe de travail sur la pandémie du N.-B.

Copies: Barb Whitenect

Subject/objet: Memo # 40: COVID-19 Restrictions in Long-term Care Facilities by Alert Level / Note de service n° 40 : Restrictions liées à la COVID-19 dans les établissements de soins de longue durée selon le niveau d'alerte

The Pandemic Task Force has approved the attached table to assist nursing homes and adult residential facility operators in determining the COVID-19 restrictions that apply to their facility in each provincial alert level (red/orange/yellow/green). This table does not apply to facilities who are currently in an outbreak (one confirmed case of COVID-19).

Please note: A Medical Officer of Health may reinstate any restrictions due to increased risk for vulnerable populations in the absence of a Provincial Alert Level change based on provincial, regional or local circumstances.

Le Groupe de travail sur la pandémie a approuvé le tableau ci-joint pour aider les foyers de soins et les exploitants d'établissements résidentiels pour adultes à déterminer quelles restrictions liées à la COVID-19 s'appliquent à leur établissement dans chaque niveau d'alerte provincial (rouge, orange, jaune et vert). Ce tableau ne s'applique pas aux établissements dans lesquels il y a actuellement une éclosion (un cas confirmé de COVID-19).

Remarque : Un médecin-hygiéniste peut réinstaurer des restrictions en raison de risques accrus pour les populations vulnérables en l'absence d'un changement du niveau d'alerte provincial selon des circonstances provinciales, régionales ou locales.

Thank you for your continued collaboration as we work together to keep New Brunswickers healthy.

Merci de votre collaboration alors que nous travaillons ensemble pour garder les Néo-Brunswickoises et les Néo-Brunswickois en santé.

The Pandemic Task Force,

Le Groupe de travail sur la pandémie,



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Attachments/Pièces jointes

Purpose: Provide a table to be included in the next version of the ***NH ARF COVID-19 Guidance Document***, outlining the COVID-19 restrictions for NHs and ARFs for various domains in relation to the Provincial alert levels. This table does not apply to facilities who are currently in outbreak (1 confirmed case of COVID-19).

Please note: A Medical Officer of Health may reinstate any restrictions due to increased risk for vulnerable populations in the absence of a Provincial Alert Level change based on provincial, regional or local circumstances.

Table 1 NH ARF Alert Levels - does not apply to facilities in outbreak (1 confirmed case of COVID-19).

ALERT LEVEL		RED COVID-19 is no longer controlled.	ORANGE Significant risk that COVID-19 is no longer controlled.	YELLOW COVID-19 is controlled, still a risk of community transmission.	GREEN Vaccine, herd immunity or effective treatment.
OUTCOME		Strong restrictions to limit unnecessary movement of people and contacts to contain community transmission, and to prevent outbreaks in NHs and ARFs.	Restrictions and limitations to address a high risk of community transmission.	Physical distancing and standard public health measures to mitigate risk associated with sporadic cases or clusters.	Population prepared for future communicable disease outbreaks.
SCREENING	staff (including essential health service providers)	Active.	Passive.	Passive.	Self Monitor.
	visitors (including volunteers, non-essential service providers, designated support person etc.)	Active.	Active.	Active.	Passive.
	new admissions	Active.	Active.	Active.	Passive.
MASKS	staff (direct care)	Medical mask mandatory.	Medical mask mandatory.	Medical mask mandatory.	No additional COVID restrictions.
	staff (non-direct care)	Medical mask mandatory.	Community mask.	Community mask.	No additional COVID restrictions.
	visitors	Medical mask mandatory.	Community mask mandatory.	Community mask mandatory.	No additional COVID restrictions.
PHYSICAL DISTANCING	staff	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble	No physical distancing required.
	residents	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble.	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble.	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble.	No physical distancing required.
	general visitors	N/A (not open to general visitors).	Keep 2m apart all times.	Keep 2m apart all times.	No physical distancing required.
STAFF MOBILITY		Restricted to one facility (or as directed by PH and based on outbreak situation in area).	Recommend working in only one facility (or as directed by PH and based on outbreak situation in area).	Recommend working in only one facility.	No additional COVID restrictions.

ALERT LEVEL		RED COVID-19 is no longer controlled.	ORANGE Significant risk that COVID-19 is no longer controlled.	YELLOW COVID-19 is controlled, still a risk of community transmission.	GREEN Vaccine, herd immunity or effective treatment.	
ADMISSIONS	from community to NHs and ARFs with occupancy of >10 residents	14-day droplet/contact precautions.	Droplet/contact isolation precautions for 7 days, offer test on Day 5, and release from isolation on Day 7 if test negative. *If test cannot be performed droplet/contact precautions are required for 14 days.	No droplet/contact isolation precautions.	No additional COVID restrictions.	
	from community to ARFs with occupancy < 10 residents	Stay in room as much as possible.	Stay in room as much as possible.	Stay in room as much as possible.	No additional COVID restrictions.	
	from hospital, NH or ARF	Droplet/contact isolation precautions for 7 days, offer test on Day 5, and release from isolation on Day 7 if test negative. *If test cannot be performed droplet/contact precautions are required for 14 days.	No droplet/contact isolation required.	No droplet/contact isolation required.	No additional COVID restrictions.	
RESIDENT ASSESSMENTS		Twice daily, more if clinically indicated.	Twice daily, more if clinically indicated.	Twice daily at a minimum.	No additional COVID requirements.	
VISITATION	virtual	No restrictions.	No restrictions.	No restrictions.	No restrictions.	
	outdoor	Prohibited.	Area on the facility's premises, such as garden or yard to allow safe physical distancing among all individuals. Limited to maximum of 10 people with safe physical distancing among all individuals (minimum 2 meters).	Area on the facility's premises, such as garden or yard to allow safe physical distancing among all individuals.	No additional COVID restrictions.	
	indoor	palliative	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	No additional COVID restrictions.
		designated support person (DSP)	Permitted.	Permitted.	Permitted.	No additional COVID restrictions.
		volunteers (and non-essential service providers)	Prohibited.	Permitted.	Permitted.	No additional COVID restrictions.
		general visitors	Prohibited.	Maximum capacity of 20% of residents can have general visitors per day	Maximum capacity of 20% of residents can have general visitors per day	No additional COVID restrictions.
offsite	Prohibited.	Prohibited.	Permitted.	No additional COVID restrictions.		