

In This Issue: COVID-19 Bulletin

[Proper Wear and Care of Masks](#)

[Proper Wear and Care of Masks Infographic](#)

[Role of Employee Health and Wellness in the referral to COVID-19 testing](#)

[Accessing Employee Health and Wellness from home](#)

[Screening criteria for employees and physicians entering facilities – Yellow Phase](#)

[Exposure notification app for COVID-19 now available in New Brunswick](#)

[SNB Learning Website Outage](#)

[COVID-19 Restrictions in Long-term Care Facilities by Alert Level](#)

[Cottage Closing](#)

[Infant Feeding During Emergency](#)

[PPE and Inpatient Patient Dashboard \(Data from September 22\)](#)

COVID-19 Bulletin

Proper Wear and Care of Masks

Thank you for your help in preventing the transmission of COVID-19 by your commitment to wearing masks, practicing proper and frequent hand hygiene, and following the screening criteria. We are grateful for you and the way you have stepped up to help our province, our communities and each other.

As Horizon begins preparing for a potential second wave of the pandemic we must ensure we do not become complacent and relax our mask usage. As you know, wearing a mask is a requirement of all Horizon employees, regardless of whether they are in their department or on their work units.

When employees are in elevators, hallways, cafeterias, locker rooms, departments or units where two metres of physical distancing cannot be maintained, **masks must be worn**. Masks must be worn properly and must cover your entire mouth and nose during all shifts (day, evening and night).

Employees and physicians who are eating are not expected to wear a mask, however, they must ensure they are seated at least two metres away from anyone else. Hallways and elevators are not appropriate eating areas, and the exception for mask wearing while eating does not apply in these locations.

Students will soon be returning to complete education programs in our facilities. We must ensure we are also setting a good example for them and support their mask usage.

Bulletin #72: COVID-19 Information September 24, 2020



As a reminder, you can review how to properly put on a mask with [loops](#), and a mask with [ties](#). As well, all COVID-19 posters, documents and resources are posted on the [Skyline Coronavirus page](#) for easy reference.

Please click [here](#) for an infographic on proper mask wearing.

With your continued diligence, we hope to lessen the impact of a second wave on you and on our patients and clients.

Role of Employee Health and Wellness in the referral to COVID-19 testing

There has been a significant increase in COVID-19 testing in the province in the last few weeks.

Last week more than 80 Horizon health care workers were sent for COVID-19 testing through Employee Health and Wellness.

With this increase in the number of referrals, it is important that employees and physicians contact Employee Health and Wellness to be assessed and referred to the COVID-19 assessment centre when they are experiencing two or more symptoms as per the [screening criteria](#).

This past weekend there were several calls from employees who had accessed the online self-referral for testing process and not Employee Health and Wellness.

After several hours when they had not been contacted, they then reached out to Employee Health and Wellness for direction and were referred for swabbing.

Horizon requests for referral have a higher priority than either Tele-Care 811 or the self-referral.

Please remember that Employee Health and Wellness is available daily between the hours of 8 a.m. and 8 p.m. by calling 1-833-978-2580 for assessment and referral.

Please leave a message including your name and phone number and a member of the Employee Health and Wellness team will respond to your call within two hours.

Accessing Employee Health and Wellness from home

If you begin to exhibit symptoms during the evening, or over the weekend, as an employee, the directive remains to contact Employee Health and Wellness at 1-833-978-2580. This is to reduce the number of calls to Tele-Care 811, and to give priority testing to health care workers.

Please note: you can find the contact number on Horizon's public [website](#), scrolling to the bottom of the page, and clicking on Employee Access.

Screening criteria for employees and physicians entering facilities – Yellow Phase

Please review the questions and remain familiar with them prior to entering a Horizon facility.

Bulletin #72: COVID-19 Information September 24, 2020



The questions and signage can be accessed [here](#). All updated posters are available on the [Coronavirus Skyline page](#).

All employees and physicians must self-screen, clean their hands, and follow protocols related to appropriate physical distancing and wearing of procedural masks in all Horizon facilities.

If you answer **yes** to any of the screening questions, do not enter the building. Instead, you are to:

- Contact Employee Health and Wellness at 1-833-978-2580 (available daily between 8 a.m. and 8 p.m.)
- Self-isolate
- Follow the appropriate absence notification process

[Exposure notification app for COVID-19 now available in New Brunswick](#)

The exposure notification app COVID Alert is now available in New Brunswick.

The app is available for free download through the Apple or Google Play app stores. COVID Alert is built with strong privacy protection and uses the Google and Apple Exposure Notification technology.

Using the app is voluntary. The app does not use GPS or track a user's particular geographic location. It does not share a

person's name, address or telephone contacts and does not collect or store any personal health information.

If a New Brunswicker chooses to download the app and then tests positive for COVID-19, they will have the opportunity to receive a one-time key from Public Health that they can enter into the app. After the key is entered, within the following day, COVID Alert will anonymously notify other users who may have come into close contact with that person. The app will direct users on next steps based upon public health advice.

New Brunswickers who use the app are reminded that it does not lessen the importance of measures such as physical distancing, regular handwashing, proper respiratory etiquette or wearing a face mask in public indoor spaces.

More information is available [online](#).

[SNB Learning Website Outage](#)

Workforce Development's (Horizon Learning) E-Learning programs and associated websites (CaRES, 5K, MLD) will be unavailable Monday, September 28 from 12 to 1 p.m. while a patch is being installed to resolve a web browser related security issue.

[COVID-19 Restrictions in Long-term Care Facilities by Alert Level](#)

The Pandemic Task Force has approved the table, available [here](#), to assist nursing homes and adult residential facility

Bulletin #72: COVID-19 Information September 24, 2020

operators in determining the COVID-19 restrictions that apply to their facility in each provincial alert level (red/orange/yellow/green). This table does not apply to facilities who are currently in an outbreak (one confirmed case of COVID-19).

Please note: A Medical Officer of Health may reinstate any restrictions due to increased risk for vulnerable populations in the absence of a Provincial Alert Level change based on provincial, regional or local circumstances.

Cottage Closing

Public Health is working with Public Safety to permit individuals to move across the border to close camps or cottages on either side.

This option will be available between Wednesday, Sept. 23 until Wednesday, Sept. 30.

Individuals needing to travel to or from the Témiscouata region to close a camp or cottage or to retrieve belongings from one may do so one time only, for a period not to exceed 24 hours and return without a requirement to self-isolate.

Individuals will be required to register their travel through www.gnb.ca/travelregistration.

When registering, individuals must select "Other" under "Reason for Entry" and explain where they are travelling. When entering New Brunswick, they must have all required



documentation, including their registration and proof of ownership or rental of the camp or cottage.

Travellers who cross for this purpose are expected to make only necessary travel and not visit businesses or interact with others not part of their immediate family or bubble while in the other province. When returning to New Brunswick and vice versa, individuals must not make any unnecessary stops.

Travellers who make the trip more than once will be directed to self-isolate for 14 days.

Infant Feeding During Emergency

In celebration of National Breastfeeding Week and New Brunswick Wellness Week the Upper River Valley Community Breastfeeding Promotion committee is excited to be presenting Michelle Pensa Branco, IBCLC MPH from Safely Fed Canada.

Michelle will be speaking via Zoom on *Safe Infant Feeding During Times of Emergency*.

The presentation will be at 1:30 p.m. ADT Sept. 29 in English and 1:30 p.m. ADT Sept. 30 in French.

Register on Eventbrite at:
<https://www.eventbrite.ca/e/119613532295>

Upon registration you will receive an email with the Zoom link to connect.