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Alternative options for non-urgent health care

Due to the recent outbreak of COVID-19 in the Moncton area, Horizon is encouraging patients are to seek alternate options for non-urgent health care needs, rather than presenting to the Emergency Department (ED) at Horizon's The Moncton Hospital, or Vitalité's Dr. Georges L. Dumont University Hospital Centre.

As always, the EDs remain available for those presenting with urgent, critical or emergent medical conditions, however those experiencing non-urgent symptoms can expect long wait times.

To learn more about the various care options available in the Moncton area, we strongly encourage the public to visit www.sowhywait.ca. Other options for care can include contacting your family physician or pharmacist, visiting an after-hours or walk-in clinic or by phoning Tele-Care 811.

Horizon has shared this message across its social media platforms,

and will be supported by radio and newspaper advertisements over the weekend and into next week

Employee active screening at Horizon's Sackville Memorial Hospital

Horizon will now be actively screening for all employees and physicians entering Horizon's Sackville Memorial Hospital.

Before entering the facility, employees and physicians will be required to answer questions related to possible exposure and the presence of any COVID-19 symptoms. If an employee or physician answers "yes" to any of the questions, they will be asked to provide a phone number at which a nurse from Employee Health and Wellness can contact them for further screening and possible referral to an assessment centre.

The employee or physician will be prevented from entering the workplace and will have to notify their manager of the absence and reason.

Employees and physicians who leave the facility for any reason (break, meal period, or interfacility travel) will be required to be actively re-screened upon their return.

Horizon respectfully asks all employees and physicians to do their part to reduce the amount of traffic at the screening points. Please consider reducing the number of breaks taken outside of the buildings and wherever possible make arrangements to have meals onsite.

Enhanced visitor restrictions at Horizon's Sackville Memorial Hospital

Effective immediately, Horizon's Sackville Memorial Hospital has enhanced visitor restrictions. Due to the ongoing COVID-19 outbreak in the Moncton area, there are **NO VISITORS ALLOWED**.

Some exceptions are in place for certain patients:

ONE healthy designated visitor is permitted for patients in:

- Critical Care
- Obstetrics
- Pediatrics
- Neonatal
- Palliative Care

NOTE: TWO healthy designated visitors may be permitted for palliative patients receiving end-of-life care. The two designated visitors cannot attend at the same time.



Discharge:

ONE healthy individual allowed to pick up discharged patients.

For Emergency Departments:

- **ONE** support person ONLY for patients requiring assistance.
- Only **ONE** person per pediatric patient is allowed. (Parent or caregiver only.)

For Outpatient Departments:

• **ONE** support person ONLY for patients requiring assistance.

All designated visitors will be screened and asked to wear a mask and clean their hands before entering the facility.

Designated visitors are required to maintain physical distancing.

To further reduce the potential for community transmission of COVID-19 to our patients and staff, restrictions have been put in place during the Orange Phase in relation to personal items dropped off for patients and brought in by designated visitors and food for healthcare workers. For more information, <u>click here</u>.

⇔ Horîzon|HR

Working outside of Horizon

As you are aware, New Brunswick is seeing an increase in the number of positive COVID-19 cases. In order to prevent the unintentional spread of COVID-19, we ask that employees and physicians of Horizon in the Moncton area to refrain from working in health facilities external to Horizon where an outbreak of COVID-19 has been declared.

This would include nursing homes, special care homes, other adult residential facilities, etc. The exception to this request would be those employees who volunteered to work at the Notre-Dame Manor.

Please note that employees are still permitted to work at multiple Horizon facilities.

For employees and physicians who currently work in an adult residential facility where there is an outbreak of COVID-19, please contact your manager.

Updated screening criteria for employees and physicians

Please review the questions and remain familiar with them prior to entering a Horizon facility.

Updated screening criteria for employees and physicians for **all areas** as well as updated screening criteria for the **Moncton area** can be accessed <u>here</u>. All updated posters are available

on the Coronavirus Skyline page.

All employees and physicians must self-screen, clean their hands, and follow protocols related to appropriate physical distancing and wearing of procedural masks in all Horizon facilities.

If you answer **yes** to any of the below screening questions, do not enter the building.

Instead, you are to:

- Contact Employee Health and Wellness at 1-833-978-2580 (available daily between 8 a.m. and 8 p.m.)
- Self-isolate
- Follow the appropriate absence notification process

GNB Updates

Zone 1 (Moncton region) and Zone 5 (Campbellton region) are transitioning back to Orange level, as of midnight tonight, under the province's COVID-19 recovery plan.

All other zones in New Brunswick remain at the Yellow level.

Public Health reported 13 new cases of COVID-19. One new case is in the Moncton region and the remaining cases are in the Campbellton region.

The total number of active cases in the province is 37. Three patients are hospitalized with none in an intensive care unit.

Public Health has identified a potential public exposure to the virus at the McDonald's Restaurant on Morton Avenue in Moncton. People who visited this location between 8 a.m. and 12 p.m. from Sept. 28 to Oct. 5. should self-monitor for symptoms for 14 days. Should any COVID-19 symptoms develop, they are directed to self-isolate and take the <u>self-assessment online</u> or call 811 to get tested.

