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HORIZON BULLETIN



Indigenous traditional sacred medicines

At Horizon, 11 of New Brunswick's 15 Indigenous communities are located within our area, and individuals from all over the province access care at our hospitals. Following discussions with our First Nation community partners, we identified the importance of providing access to traditional sacred medicines at our hospitals.

One of Horizon's core values is to show empathy, compassion and respect. By providing this access to traditional Indigenous medicines, together we can live our values by helping people be healthy – in a way that respects our patients, clients and families' culture.

Discussions with First Nation community partners has identified the importance of having Traditional Sacred Medicines on hand within hospitals. Therefore, Horizon has made sage, cedar and sweetgrass available at seven hospitals for patient use. Patients and their families may want to use sacred medicines for various purposes.

Click [here](#) for more information on how steps to take if a patient or family member requests a sacred medicine, and for a chart of where to access sacred medicines in hospitals where they are available.

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For more information about this initiative please contact Kristin Saunders at Kristin.Saunders@HorizonNB.ca, or Steve Christie at Steve.Christie@gnb.ca.

HORIZONSTAR

Horizon Star Top 10: How can Horizon achieve its new strategic priorities?

It's time to build the Top 10 list for the November issue. For this issue, we want to know: **How can Horizon achieve its new strategic priorities?**

You may have heard our President and CEO Karen McGrath speak about our strategic plan on her most recent CEO Tour (for those in the Miramichi area, where the visit was delayed due to our COVID-19 response, she'll see you soon!).

Based on feedback received during the consultation process, Horizon's Strategic Planning Advisory Committee has set three pillars (strategic priorities) that will direct our work over the next few months, in building our long-term strategic plan.

These pillars are: **Efficient and Appropriate Care; System Wrapped Around Patient Needs; and Sustainability.**

Karen and the committee want to hear from as many of you as possible in the creation of this plan.

With these pillars in mind, think about: **What should we do to accomplish these strategic priorities? What ideas and innovations will take us there? What can we do to make Horizon the most trusted health care organization in New Brunswick? What words and phrases speak to what kind of health care organization we can be? How do you measure a successful strategic plan?**

To submit your answer, and possibly be featured in the [Horizon Star](#), [Horizon's Community News Channel](#) and on Horizon's corporate social media accounts, email HorizonStar@HorizonNB.ca by **Friday, Nov. 13 at 4 p.m.**

Please include the following items:

- Your name, position, unit and facility.

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- In 50 words or less, describe your vision for how Horizon can achieve its new strategic priorities

From there, we'll develop a list that reflects the kind of organization our staff wants to see and be. We are also always looking for submissions for the *Horizon Star*; if you have an idea for a story, please email HorizonStar@HorizonNB.ca or GinaBeth.Roberts@HorizonNB.ca.



Happy fourth birthday, Bravo!

On Nov. 15 we'll celebrate **Bravo!**'s fourth birthday and recognize the **45,000** moments of excellence demonstrated by our exceptional staff.

This year, more than ever, as we continue to adapt to the realities of COVID-19, employee recognition is extremely important.

You have all gone above and beyond to meet the challenges of providing exceptional quality and safe care during the pandemic. That's why it's no surprise **'Strives for Excellence'** was the most popular **Bravo!** submission from patients and families.

Bravo! celebrates the commitment and dedication of employees who are living Horizon's values every day. Whether it's showing empathy, compassion and respect to our patients, clients and their families, leading and collaborating on projects, or stepping in to help with redeployment efforts, **your resilience and professionalism has been tremendous.**

To help us celebrate **Bravo!**'s birthday, I encourage you to send a **Bravo!** anytime **during the month of November** for your chance to **WIN** Horizon swag!

You can send a **Bravo!** on your computer, phone or tablet, just visit horizonbravo.ca and follow the three easy steps.

Congratulations to all who have received a **Bravo!**, and thank you to those who continue to use the program to recognize the many moments of employee excellence across Horizon. The work you do to support each other and our patients, clients, and their families is inspiring.

Stay tuned for more about **Bravo!** throughout the month of November!



Mobile flu carts continue in Horizon facilities and employee contest underway

Employee Health staff have been busy administering this year's flu vaccine via mobile flu vaccination stations. To date, more than **55 per cent** of Horizon employees and physicians have received the vaccine – way to go!

Every day, Horizon employees encounter vulnerable populations who are at high risk for complications, if infected with the flu. By receiving the vaccine, you are earning your stripe and doing your part to protect patients, colleagues and your community.

The vaccine is now being distributed to staff in all Horizon facilities. Employee Health visits departments daily. If you missed them when they were in your area, please call Employee Health to schedule a time for them to return. Contact numbers for Employee Health in each area are listed below.

A reminder that this year we're issuing a challenge, with a chance to win coffee and treats! Every department that reaches 85 per cent or above participation by Wednesday, Dec. 2 will be entered to win a team coffee break. The draw will take place Friday, Dec. 4 and there will be a winning department in each region.

If you received your vaccine from an external provider, please email your manager and EmployeeHealth@HorizonNB.ca.

Click [here](#) for Employee Health contact information in each area.



Safety tips - arriving at or leaving the workplace

As the days are getting shorter, this is a good time to remind ourselves about basic safety precautions when arriving at or leaving work, especially in surface lots or parking garages.

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Always be aware of where you are, your surroundings and who is around you. Trust your intuition to know when an area does not look or feel safe.

Click [here](#) for a list of tips for how to stay safe.



Accreditation planning now underway for 2022

Accreditation planning is now underway in preparation for the on-site survey visit in spring 2022. Accreditation standards are embedded into the work we do every day. These standards guide patient safety and quality health care delivery.

Timelines are as follows:

- October to November 2020: Required Organization Practice Self-Assessments
- November to December 2020: Mock tracers
- Jan. 15 to April 15, 2021: Self-assessments
- May 1, 2021: Self-assessment results are provided to teams
- Quality Performance Roadmap
 - May to June 2021: Development and timelines
 - July to November 2021: Execution of Quality Performance Roadmap by Accreditation Standard teams
- Fall 2021: Worklife Pulse
- January to March 2022: Mock tracers
- Spring 2022: Accreditation on-site survey visit

Click [here](#) for more information.



Canadian Certified Diabetes Educator bursary

Due to delays with the Canadian Certified Diabetes Educator (CDE) [exam](#) this year because of the COVID-19 pandemic, amendments to Horizon's CDE bursary application process this year include:

- Applicants can submit the bursary application form in advance of receiving their 2020 CDE certification, or notification of successfully completing exam
- Applicants are to forward a copy of their 2020 CDE certification once they receive it (ie: Dec. 30)
- Deadline for bursary applications has been extended to Dec. 1
- Successful applicants will be determined mid-January 2021.

Bursary for CDE certification: Horizon employees who have successfully completed the Canadian CDE [exam](#) or have successfully completed the Canadian CDE [certification maintenance](#) program are invited to apply for a bursary of \$500 to help cover the cost of the exam or maintenance certification.

Click [here](#) for more information regarding eligibility criteria and application forms.



Annual National Child Day conference

The 19th annual National Child Day conference takes place Nov. 20 from 1 to 4 p.m. via Zoom. This year's theme is Pediatric Palliative Care: Supporting our most vulnerable.

This conference is open to a broad range of individuals who are interested in the wellbeing of our community's children. This includes coaches, physiotherapists, occupational therapists,

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psychologists, social workers, counsellors, psychiatrists, nurses, educators, physicians, and students of these professions.

The goal of this year's conference is to educate participants on caring for children with life threatening and life limiting conditions, their siblings, and families.

Click [here](#) for more information on guest speakers and how to register.



Reminder: Notice of planned service interruption to update to file directories

On Nov. 3, from 6 p.m. to 12 a.m. SNB will migrate the provincial file server to the provincial data centre. During this time, shared directories (Q drive) will be unavailable, and email archives stored on these directories will be read only.

Click [here](#) for more information on this update.

Kronos update now complete

Please take note that if you had previously saved Kronos link in your favourites, it will not work anymore (links have changed).

Please go through [Skyline](#) to access the application.

Click [here](#) for more information on the changes that come with the update.



Saint John Regional Hospital planned power outages

Please be advised throughout November and December, the Facilities Engineering and Property Management (FEPM) at Horizon's Saint John Regional Hospital (SJRH) will be upgrading some of its main electrical switchgear and will require some planned electrical power disruptions.

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In efforts to minimize operational requirements these shutdowns have been planned during weekends and will be between the hours of 10 p.m. and 6 a.m.

The first planned electrical shutdown at SJRH will be **Nov. 13 and 14**. These shutdowns will be necessary to prepare for our main switchgear upgrades.

On Nov. 13: Normal power will be disrupted to Tower A and Tower B from 10 p.m. to 6 a.m. During this time there will be emergency generator power only (all red power outlets will be functional and limited lighting).

On Nov. 14: Emergency power will be disrupted to Tower A and Tower B from 10 p.m. to 6 a.m. During this time there will normal power only available (all ivory power outlets will be functional – red outlets will not be functional.)

Please note there will be no elevators operational in Tower B during this shutdown and all staff and patient flow will be directed to elevators in Towers A, C and D – signage will be in place accordingly.

Click [here](#) for more information on these outages.



Permanent manager appointed to Fredericton Downtown Community Health Centre

Emily Kitts has been appointed as permanent manager of Horizon's Fredericton Downtown Community Health Centre and the Primary Health Care Network.

Emily has been in an acting role as manager since September 2019. Emily is a registered respiratory therapist with many experiences in project management and program implementation. She has demonstrated tremendous leadership these past few months and we are pleased she is taking this role on permanently.

Congratulations Emily!