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HORIZON BULLETIN



Chalmers and Stan Cassidy Foundations merger

On Friday, Nov. 6, the Stan Cassidy Foundation and the Chalmers Foundation announced they were merging under the umbrella of the Chalmers Foundation.

This merger is expected to bring a new level of strength and support to both current and future fundraising efforts and capital campaigns for both organizations.

Horizon's partnership with its foundations is integral to its vision, mission and values. We are proud of the hard work and dedication of both Fredericton-based foundations over the years to support Horizon's Dr. Everett Chalmers Regional Hospital and Horizon's Stan Cassidy Centre for Rehabilitation. Through their philanthropy and support from the community, our patients and clients have access to an enhance level of support and state-of-the art equipment.

I look forward to continuing to work alongside the Chalmers Foundation on this new collaboration.



Honouring our Veterans at Horizon's Veterans Units

Horizon has the unique privilege of providing care to veterans at **Horizon's Veterans Health Unit in Fredericton** and **Ridgewood Veterans Health Wing in Saint John**. And November is a special time of year when we honour our brave veterans and show them respect for their service to Canada.

The global pandemic affected our annual Remembrance Day ceremonies, but it has not diminished the respect we have for these real-life heroes.

Horizon and members of our communities came together to say thank you to these women and men in a video that will be shown to them on November 11, 2020. This video will also be distributed on [Facebook](#) and [Twitter](#) for families, friends and community members. **Please take a moment to [watch the video](#).**

Learn more by clicking [here](#).

2021 Deadline Nursing Professionals

Reminder – 2021 nursing professionals registration

All nursing professionals are required to provide proof of their 2021 nursing registration to their manager by **Nov. 15, 2020**.

Registered nurses (RNs), licensed practical nurses (LPNs), and nurse practitioner (NPs) can renew their registration up to Nov. 15, 2020, to remain compliant, by visiting:

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- [Nursing Association of New Brunswick registration renewal for RNs and NPs](#)
- [Association of New Brunswick LPNs](#)

Click [here](#) for more information, or visit the Verification for Registered Nurses, Nurse Practitioners, and Licensed Practical Nurses policy on [Skyline](#).



New Physician Poster – Flu Vaccine for Horizon Patients

A reminder that Horizon is administering the 2020-2021 flu vaccine to patients in our facilities. Download an awareness poster to display in staff areas [here](#).

You're Invited! Participation in Spiritual Care Study



Spiritual Care Study

Horizon health care providers are invited to participate in an online survey for a study on spiritual care for inpatients. The results of this study will be used to inform possible improvements to spiritual care practices in New Brunswick hospitals.

To participate in this study, please visit click [here](#).

The study has been approved by Horizon's Research Ethics Board.

For more information, click [here](#).

VESTCOR

CUPE Hospitals SRP Pension Newsletter

Distributed by Lynn Boone, HR Operations Lead on behalf of the Board of Trustees of

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the Shared Risk Plan for CUPE Employees of New Brunswick Hospitals. The fall 2020 edition of CUPE Hospitals SRP Pension Newsletter is now available [here](#), under Latest Information.

Articles in this issue include:

- An Increase in Benefits to All Members
- Naming Your Beneficiary
- Life Events: Returning from an Approved Leave of Absence
- Actuarial Valuation Report
- Quick Tips for Retirees
- 2021 Pension Payment Dates

Click [here](#) to access older issues of the newsletter under *Communications*.

Chronic Disease Prevention and Management Standards



Research and Evidence Based Studies on Chronic Disease

Qualitative study: The University of New Brunswick Centre for Research and Integrated Care completed a study on the occupational disruption during COVID-19 where they explored the experiences of individuals living with chronic disease.

The study identified common themes of the impact of COVID-19 on New Brunswickers with chronic disease and their activities of daily living.

Click [here](#) to view a video summary of the findings and implications.

Update to Clinical Practice Guidelines: Pharmacologic glyceemic management of Type 2 diabetes in adults. New evidence has been published prompting an update of the *Diabetes Canada Clinical Practice Guidelines* (CPG) for the prevention and management of diabetes in Canada.

The Diabetes Canada Clinical Practice Guidelines Expert Committee have summarized the updates, including revised recommendations, treatment algorithms, list of available agents, and summary of cardiovascular trails. Click [here](#) for more information.

New Canadian 24-hour movement guidelines for adults: Developed by the Canadian Society for Exercise Physiology (CSEP), the Public Health Agency of Canada, Queen's University, ParticipACTION, and a network of researchers and stakeholders from across Canada.

Click [here](#) to read more.

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New Government of New Brunswick resources: There's a senior's navigation website available [here](#), and [211 is now available](#), which provides a free, bilingual resource to identify community, social, non-clinical, and government resources.

Click [here](#) for more information on any of the above-mentioned topics, or visit Horizon's [Chronic Disease Prevention and Management](#) page on Skyline.



Saint John Regional Hospital planned power outages – Change in dates

Please be advised throughout November and December, the Facilities Engineering and Property Management (FEPM) at Horizon's Saint John Regional Hospital (SJRH) will be upgrading some of its main electrical switchgear and will require some planned electrical power disruptions.

In efforts to minimize operational requirements these shutdowns have been planned during weekends and will be between the hours of 10 p.m. and 6 a.m.

The first planned electrical shutdown at SJRH will now be **Nov. 19 and 20**. These shutdowns will be necessary to prepare for our main switchgear upgrades.

On Nov. 19: Normal power will be disrupted to Tower A and Tower B from 10 p.m. to 6 a.m. During this time there will be emergency generator power only (all red power outlets will be functional and limited lighting).

On Nov. 20: Emergency power will be disrupted to Tower A and Tower B from 10 p.m. to 6 a.m. During this time there will normal power only available (all ivory power outlets will be functional – red outlets will not be functional.)

Please note there will be no elevators operational in Tower B during this shutdown and all staff and patient flow will be directed to elevators in Towers A, C and D – signage will be in place accordingly.

Click [here](#) for more information on these outages.



SNB 2020 Customer Satisfaction Survey

During the month of November, SNB is conducting an annual survey of customers within Horizon and Vitalité Health Networks as well as other health care facilities and organizations to gain insight and better understand where improvements should be made to enhance service.

Click [here](#) to complete the survey. It should take between five to 10 minutes to complete depending on the number of services you have accessed in the last 12 months. Please complete the survey by Nov. 30, 2020.

For more information, please click [here](#).



Primary health care manager for Harvey, McAdam and Nackawic health centres appointed

Faye Budrow-Palmer has been appointed as the primary health care manager at Horizon's Harvey, McAdam and Nackawic health centres.

Faye has been with Horizon in various roles for almost 30 years, 10 of which have been in leadership roles. Currently, Faye is the regional manager of videoconference operations, but has been involved in many projects and initiatives.

She has many years of supervisory and leadership training, has a certification in change management (Prosci), is a process improvement facilitator and has completed numerous leadership courses including LEADS, and Horizon's management and supervisory development programs.

Faye begins this exciting new role on Nov. 16 and will be based out of Horizon's Nackawic Health Centre.

Congratulations Faye!