

To: All staff and physicians
From: Karen McGrath, President and CEO
Date: Nov. 30, 2020
Re: **A Letter from Horizon's CEO: Thank You**

As November comes to a close and our province continues to respond to the ever-changing COVID-19 situation with new guidelines, directives and restrictions, I wanted to take to this time to commend you for your ongoing commitment to keeping our patients and clients safe, and for your resilience as you adapt to increasing demands and changes, especially as we transitioned to the Orange level in Moncton, Saint John and Fredericton.

I know it isn't easy, and you may be feeling anxious about the rapid changes and uncertainties of this second wave; these feelings are normal and to be expected. COVID-19 is serious and we should be concerned, but we should also take some comfort from the many lessons learned from the first wave of the virus. Various measures have been put in place to help ensure our system does not become overwhelmed and that you have the additional support and resources you need to do your jobs safely and effectively.

Every discipline and department within Horizon have adjusted their focus and we are using every available resource to meet the challenges of this second wave head-on. The time and effort put into this work does not go unnoticed, and I hope you are as proud as I am of your sacrifices and your accomplishments.

With most of us living and working within the Orange level, this means many of you are temporarily isolated from friends and family who provide you strength and a much-needed break. I encourage you to do what you can to take care of yourself and find ways to connect with loved ones safely.

I also want to remind you of the many resources available to support you. You can access support services on Skyline's [Employee Health and Wellness](#) page and through [this list of resources](#), specific to COVID-19. I hope each of you finds comfort knowing you are helping others and that your work is appreciated.

Sincerely,
Karen McGrath
President and CEO