

**INFECTIOUS DISEASE AND INFECTION PREVENTION AND CONTROL COVID-19  
COMMITTEE**

**Bulletin #99c – COVID-19 – ID-IPC – Isolation Precautions Travel Outside New Brunswick  
– Dec 21 2020**

**COVID-19 Infection Prevention & Control Guidance:  
Isolation precautions as a result of changes to travel rules from outside New Brunswick.**

The GNB memo [Summary of Travel Requirement, Travel into New Brunswick](#) (dated Nov. 28, 2020) states patients and up to one caregiver from another province who must continue to access medical care in New Brunswick where the service is not available in their home province or where treatment has already begun are exempt from self-isolation upon entering New Brunswick.

Although these patients and caregivers are exempt from self-isolation in the community, the patient and up to one caregiver from out of province will be managed under droplet / contact precautions when accessing health care services in Horizon facilities.

**Exception for Prince Edward Island (PEI) patients and their caregivers**

Isolation precautions are not required for PEI patients and their caregiver who require tertiary care services at the NB Heart Centre or neurosurgical services at The Moncton Hospital.

However, the caregiver is expected to, wear a mask at all times, adhere to hand hygiene requirements, physical distancing requirements and not visit other areas of the facility. Caregivers are advised to limit travel when within the community.