

To: All staff and physicians
From: Maura McKinnon, Chief Human Resource Officer
Date: Jan. 20, 2021
Re: **HR Update**

Clarification: Working at Horizon and for other employers

The Moncton (Zone 1), Saint John (Zone 2), and Fredericton and Upper River Valley (Zone 3) areas returned to the Red Level on Jan. 20, in response to the continued increase of COVID-19 cases in New Brunswick.

In order to prevent further spread of the virus, Horizon staff and physicians are advised that they are to refrain from working for a non-Horizon employer (i.e. nursing homes, private clinics, retail operators, etc.) until further direction.

Horizon staff and physicians are able to work between Horizon facilities (in the same zone) provided there is no outbreak at that facility.

NOTE: This does not prevent an employee from volunteering for the PROMT team to respond to an outbreak.

Preventing the spread of COVID-19 to our patients and our employees and physicians is crucially important and limiting the movement of employees and physicians outside of Horizon will help.

Removing uniforms after a shift

To prevent transmission of COVID-19 and other infectious diseases, employees and physicians in clinical settings are reminded of the need for prompt removal and laundering of uniforms after their work shift and prior to wearing for another work shift.

When possible, it's encouraged to leave work shoes at work. Uniforms should be changed at the end of a shift or immediately upon arrival at home.

Uniforms are **not** to be worn when going to run errands or to go to an appointment.

Employees or physicians caring for COVID-19 patients, should proceed to a change room to remove their uniform or hospital-issued scrubs following their shift. Some may prefer to shower prior to changing into street clothes. Personal uniforms should be placed in a plastic or washable bag to be laundered at home.

Click [here](#) for more tips to stay safe during COVID-19.