

Bulletin #118: COVID-19 Information

February 8, 2021



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[Reminder: Bioethics Grand Rounds with Aidan Hayes](#)

Aidan Hayes, health policy analyst with Health Association Nova Scotia, will present *Freedom, Solidarity and Value Conflict in the COVID-19 Pandemic: Lessons for the Rhetoric of Health Professionals* at Bioethics Grand Rounds.

This takes place (tomorrow) Tuesday, Feb. 9 from 11 a.m. to 12 p.m. via Skype and is open to all staff and physicians. Your interest and participation are very much desired and encouraged.

Please see the email attachment that was included with the Bulletin #118 – COVID-19 – Feb 8, 2021 email that includes an Outlook calendar invitation to participate.

Please contact Tricia Yeo at 506-648-6556 or Tricia.Yeo@HorizonNB.ca for more information. A poster is available [here](#).

[Updated IPC Guidance](#)

The following IPC Guidance documents have been developed and / or updated, and are located on the [IPC Resources COVID-19 Skyline Page](#). Note: The headers below are linked to the documents.

[Cardiac Rehab and Pulmonary Rehab Gyms During COVID-19 \(Yellow and Orange Phases\)](#)

The Infection Prevention and Control (IPC) Guidance: Cardiac Rehab and Pulmonary Rehab Gyms during COVID-19 (Yellow and Orange Phases) provides IPC guidance for Healthcare Workers (HCWs) working in Cardiac Rehab and Pulmonary Rehab Gyms during the Yellow and Orange phases of COVID-19.

[SOP - IPC Guidance for Performing an AGMP During Patient Resuscitation and Other Scenarios](#)

The SOP provides guidance and procedures to prevent transmission of infection associated with aerosols produced by Aerosol Generating Medical Procedures (AGMPs) such as

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endotracheal intubation/extubation, CPR, etc.

The SOP will assist Healthcare Workers (HCWs) working in Emergency Departments and other clinical settings in applying the AGMP risk reduction strategies outlined in the [IPC Guidance: Aerosol Generating Medical Procedures During COVID-19 Pandemic](#) into practice.

Delivery of Electroconvulsive Therapy (ECT) During COVID-19 Pandemic (All Phases)

These guidelines address the various approaches to complete ECT and provide guidance to ensure judicious use of COVID-19 testing and elevate the use of PPE. The document is aligned with the [SOP - IPC Guidance for Performing an AGMP During Patient Resuscitation and Other Scenarios](#).

IPC Guidance: Gastroenterology Endoscopy Units During COVID-19 (All Phases)

These guidelines were updated to include measures to be taken when performing gastroenterology endoscopies in all phases of the pandemic.

GNB Updates

When available, the GNB news release can be accessed [here](#).



COVID-19 Vaccination in Pregnant and Breastfeeding Women

This provides relevant information on COVID-19 vaccination in pregnant and breastfeeding women. It also includes a link to the most recent Canadian data which provides evidence to support that pregnant women who are infected with COVID-19 are at an increased risk of hospitalization and admission to ICU.

In a metaanalysis of 77 studies of pregnant and immediate postpartum women, increased maternal age, high body mass index, chronic hypertension, and pre-existing diabetes were associated with severe COVID-19 in pregnancy. Pre-existing maternal comorbidity was a risk factor for admission to an intensive care unit and invasive ventilation (Allotey et al). For 2019-2020, approximately 33% of pregnant women in New Brunswick had one or more of these comorbidities.

COVID-19 information and data are rapidly evolving and changing as the pandemic continues.

For pregnant and breastfeeding women, it is important that they have the most up to date information and data in order to make an informed decision regarding the COVID-19 vaccination and whether to receive while pregnant or breastfeeding.

Click [here](#) for the complete guidance for health care providers and patients.