

Bulletin #119: COVID-19 Information

February 11, 2021



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COVID-19 Bulletin

Orange Level reminders

With all Horizon zones in the Orange Level of the provincial recovery plan (Vitalité's Zone 4 remains in the Red Level), it's important for staff and physicians to remain familiar with how each level of recovery impacts them and their patients/clients.

In the [Orange Level](#), there is a "significant risk that COVID-19 is no longer under control in the province."

At Horizon, this means:

- There will be no visitors allowed in our hospitals. Visitor guidelines and restrictions, by phase are available in both official languages here: [English](#) | [French](#).
- All New Brunswickers are discouraged from travelling outside of their zone and are restricted from visiting a Horizon hospital outside of their zone.
 - Guidance for health care workers can be found [here](#).

- Screening for patients and visitors should reflect the most up-to-date questions, which can be found [here](#).

As always, all staff and physicians must:

- Self screen prior to leaving home for their shift. Screening questions are [here](#).
- Swipe their ID badge upon entry to the facility.
- Practice frequent hand hygiene.
- Wear a mask.
- Maintain a physical distance of two metres.

Eye protection:

- All health care workers (HCWs) who provide both hands-on patient care, as well as indirect patient care (meal delivery and housekeeping) in high-risk areas (COVID-19 units, ERs, ICUs, ORs and COVID-19 Assessments Centres) must wear facial protection (face mask and eye protection) continuously, at all times in all areas of their workplace.
- The continuous use of facial protection is mandatory for all HCWs in these high-risk clinical settings.

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- The continuous use of eye protection is optional for HCWs working in other clinical settings.

Click [here](#) for the complete Infection Prevention and Control guidance for all phases when it comes to goggles / face shields.

[Pop-Up Jeans Day](#)

Horizon is announcing a *casual* start to this year's Family Day long weekend with a **one-time only** 'jeans day' on Friday, Feb. 12 as a fun way to thank and recognize staff for their great work and dedication, especially during the pandemic.

Staff who wear uniforms are also invited to participate in 'jeans day,' and we ask that all staff ensure their jeans/casual clothing are in good condition and align with Horizon's [Dress Code Policy](#).

Like most holidays over the past year, Family Day activities will look a little different, but we encourage you to celebrate this time with your family.

Whether you plan to have some fun outdoors or prefer to stay inside your home, enjoy the day with loved ones safely by following the Orange Alert Level [guidelines](#) established by Public Health.



[Reminder – Remove clothing / uniforms after a shift](#)

To prevent transmission of COVID-19 and other infectious diseases, employees and physicians in clinical settings who wear jeans on Friday, Feb. 12 are reminded of the need for prompt removal and laundering of clothing worn at work. Clothing / uniforms should be changed at the end of a shift or immediately upon arrival at home.

When possible, it's also encouraged to leave work shoes at work. Clothing / uniforms worn at work are **not** to be worn when going to run errands or to an appointment.

Employees or physicians caring for COVID-19 patients, should proceed to a change room to remove their clothing / uniform / hospital-issued scrubs following their shift. Some may prefer to shower prior to changing into street clothes. Clothing / uniforms should be placed in a plastic or washable bag to be laundered at home. Click [here](#) for more tips to stay safe during COVID-19.

[GNB updates](#)

Public Health reported 14 new cases today: One case in the Saint John (Zone 2) area, one case in the Fredericton (Zone 3) area, and 12 cases in the Edmundston (Zone 4) area.

Click [here](#) to read the full news release.