

To: All staff and physicians
From: Maura McKinnon, Chief Human Resource Officer
Date: March 18, 2021
Re: Hand Hygiene and Self Screening Reminder

Reminder to continue to practice hand hygiene

Now that New Brunswick has moved into Yellow Phase, we felt it a good opportunity to remind employees and physicians that hand hygiene is still required upon entrance to Horizon facilities.

Science has progressed considerably since the days of Dr. Ignaz Semmelweis and we know hand hygiene is one of the most important tools in infection prevention and control.

Hand hygiene is not optional, and all Horizon employees and physicians are required to sanitize their hands upon entry to a Horizon facility.

We recognize that many of you take the time to sanitize your hands and we appreciate your efforts to keep yourself, your colleagues, and your patients safe and healthy.

Self screening reminder

We want to remind all employees and physicians of the importance of remaining familiar with the screening questions.

The questions and signage for employees and physicians can be accessed [here](#) and [below](#).

Remember:

- Employees and physicians are required to self screen prior to leaving home for their shift.
- Once at the facility, employees and physicians must swipe their ID badge.
- Employees and physicians who leave the facility for any reason (break, meal period, to smoke, or interfacility travel) will be required to be actively re-screened upon their return.

Employee Health is available daily from 8 a.m. to 8 p.m. to answer any questions or concerns – please call 1-833-978-2580 and leave a voicemail and your call will be returned within two hours.

#1: Do you have **TWO OR MORE** of the below symptoms?

- FEVER/SIGNS OF FEVER (e.g., chills, feeling hot/cold, shivers, etc.)
- NEW COUGH OR A COUGH THAT IS GETTING WORSE
- SORE THROAT
- RUNNY NOSE
- HEADACHE
- DIARRHEA
- LOSS OF TASTE OR SMELL
- NEW ONSET OF MYALGIA (muscle pain)
- NEW ONSET OF FATIGUE

* If you have **ONE** of these symptoms, you may continue to work but you must contact Employee Health for an assessment and COVID-19 testing.

#2: Have you been outside of New Brunswick in the last 14 days for any reason, including work?

#3: Have you had close contact without the use of appropriate protective equipment with a **CONFIRMED** case of COVID-19 and have not been cleared by Employee Health to return to work?

#4: Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

Horizon is taking very seriously the health and welfare of its employees and physicians. We appreciate your co-operation as we institute measures designed to help keep you safe.