

**To:** All staff and physicians  
**From:** Erin Arsenault, acting Chief Human Resource Officer  
**Date:** June 24, 2021  
**Re:** **Travel Guidelines, Screening Criteria and Vaccinations for Horizon Staff and Physicians**

As our borders open, it is still imperative that we all remain vigilant in protecting our health-care system, ensuring our hospital and human resource capacity is maintained.

It has been decided that Horizon will continue to apply Phase Yellow rules throughout the organization. Furthermore, in conjunction with internal and external stakeholders, it has been decided that new travel rules will be implemented. **These guidelines replace those distributed on June 18, 2021.** As such, please make note of the following travel guidelines:

- Employees and physicians may travel from New Brunswick to enhanced Atlantic Bubble: PEI, N.S., Nfld, and the counties of Avignon (Quebec) and Temiscouata (Quebec) without the need for isolation upon return, regardless of vaccination status.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when fully immunized** (1 week after 2<sup>nd</sup> dose) must advise their manager or clinical chief and local Medical Staff Office of the anticipated travel. Upon return, these employees and physicians will be required to self-monitor for symptoms and be swabbed at days 1, 5, and 10. Employees and physicians must contact Employee Health and Wellness before their return to work to schedule their swabs.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when partially immunized** will be required to remain off work for a minimum of 10 days and must have a negative day 10 swab prior to returning to the workplace. Vacation time and other banked time may be used for the entire duration that the employee or physician remains off work if approval was obtained from the manager / clinical chief for the use of the banked time in advance of travel.
- Employees and physicians who travel outside of the enhanced Atlantic Bubble to another Canadian location **when not vaccinated** are required to follow public health community guidelines, provide a negative day 10 swab and remain off work for 14 days

upon return to the province. Vacation time and other banked time may be used for the entire duration that the employee or physician remains off work if approval was obtained from the manager / clinical chief for the use of the banked time in advance of travel.

- International travel will be reviewed on a case by case basis and include history of immunization and COVID activity level in country of travel. Directives from the Government of Canada will have to be respected.

We thank you for your continued diligence as we assist New Brunswickers in the Path to Green.

### **Screening Criteria for Horizon Staff and Physicians**

Please review the screening questions for employees and physicians [below](#) and [here](#). All posters are available on the [Coronavirus Skylinepage](#).

If you answer yes to any of the questions, you are not to enter the facility. You must contact Employee Health at 1-833-978-2580 for further screening and possible referral to a COVID-19 assessment centre. Patient and visitor screening questions can be found [here](#).

**#1:** Do you have **TWO OR MORE** of the below symptoms?

- FEVER/SIGNS OF FEVER (e.g., chills, feeling hot/cold, shivers, etc.)
- NEW COUGH OR A COUGH THAT IS GETTING WORSE \*
- SORE THROAT \*
- RUNNY NOSE \*
- HEADACHE \*
- DIARRHEA
- LOSS OF TASTE OR SMELL \*
- NEW ONSET OF MYALGIA (muscle pain) \*
- NEW ONSET OF FATIGUE \*

\* If you have **one** of the symptoms above, you may continue in to work but you must contact Employee Health for assessment and COVID-19 testing.

#2: Have you been outside of the extended Atlantic Bubble in the last 14 days for any reason including work?
#3: Have you had close contact without the use of appropriate protective equipment with a <b>CONFIRMED</b> case of COVID-19 and have not been cleared by Employee Health to return to work?
#4: Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

Employee Health and Wellness is available daily from 8 a.m. to 8 p.m. to answer any questions or concerns – please call 1-833-978-2580.

If Employee Health is not available to answer your call, please leave a voicemail with your name and contact information. Your call will be returned by Employee Health within two hours, between 8 a.m. and 8 p.m.

### **Vaccinations for Staff & Physicians Returning from Leave**

All Horizon employees and physicians are eligible and should have received an invitation to attend a vaccination clinic to receive their first and second dose of a COVID-19 vaccine.

Invitations were sent to Horizon emails, therefore employees & physicians who have been out on leave may have missed this invitation.

Employees & physicians who have returned to work from a leave and have not received their first or second dose of a COVID-19 vaccine, can book their appointment online through this [link](#), or by calling **1-833-437-1424**.