

**To:** All staff and physicians  
**From:** Erin Arsenault, acting Chief Human Resource Officer  
**Date:** July 22, 2021  
**Re:** **Updated Travel Guidelines for Staff and Physicians**

As our borders open, it is still imperative that we all remain vigilant in protecting our health-care system, ensuring our hospital and human resource capacity is maintained.

It has been decided that Horizon will continue to apply Yellow Phase rules throughout the organization.

Furthermore, in conjunction with internal and external stakeholders, it has been decided that new travel rules will be implemented. **These guidelines replace those distributed on June 24, 2021.**

As such, please make note of the following travel guidelines:

- Employees and physicians may travel from New Brunswick to enhanced Atlantic Bubble: PEI, N.S., Nfld, and the counties of Avignon (Quebec) and Temiscouata (Quebec) without the need for isolation upon return, regardless of vaccination status.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when fully immunized** (one week after second dose) are required to self-monitor for symptoms and have sentinel swabs done Day 1, 5, and 10 upon return. Employees and physicians must contact Employee Health before their travel to confirm their vaccination status.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when partially immunized** will be required to remain off work for a minimum of 10 days and must have a negative swab prior to returning to the workplace. Vacation time and other banked time may be used for the entire duration that the employee or physician remains off work if approval was obtained from the manager / clinical chief for the use of the banked time in advance of travel.
- Employees and physicians who travel outside of the enhanced Atlantic Bubble to another Canadian location **when not vaccinated** are required to follow public health community guidelines, provide a negative day 10 swab and remain off work for 14 days

upon return to the province. Vacation time and other banked time may be used for the entire duration that the employee or physician remains off work if approval was obtained from the manager / clinical chief for the use of the banked time in advance of travel.

- Travel outside of Canada requires discussion with the Manager/Chief of Department. Those travelling must be fully vaccinated and follow all federal and provincial guidelines. Upon return self-monitor for symptoms and have sentinel swabs done Day 5 and 10. Federal travel requirements include a swab done on arrival at the port of entry. Employees and physicians must contact Employee Health and Wellness before their travel to confirm their vaccination status.

Travellers outside of the enhanced Atlantic bubble will be required to book their own swabs and communicate with Employee Health their results.

When employees and physicians are required to remain out of workplace for 10 days prior to their return to work (with a negative test), they must follow [Work Isolation Guidelines](#), until Day 14.

We thank you for your continued diligence as we assist New Brunswickers in the Path to Green.

**For easy reference of these guidelines, a table has been created and can be found [here](#).**