



To: All staff and physicians

From: Christie Ruff, Regional Manager Employee Wellness and Safety

Date: Nov. 10, 2021

Re: **Updated Travel Guidelines for Health Care Workers**

The travel guidelines for health care workers have been updated. These guidelines replace those distributed on July 20, 2021.

We thank you for your diligence as we work together through this pandemic. Thank you for keeping the health and safety of our patients, clients, staff, physicians and communities front and centre in all your work.

For easy reference of these guidelines, a table has been created and can be found here, and on Page 2 of this memo.















Travel Guidelines for Health Care Workers

Travel Destination	Fully Vaccinated	Not Fully Vaccinated
Atlantic Provinces*	Self monitor.	 Remain out of the workplace for 14 days following return to NB. Swab Day 10
Outside of the Atlantic Provinces*	 Sentinel Swab Day 5 Continue to work Self monitor. 	 Remain out of the workplace for 14 days following return to NB. Swab Day 10
Outside of Canada	 Sentinel swabs Day 5 and 10 upon return to NB. Work isolate until results of Day 5 swab obtained and negative Self monitor 	 Remain out of the workplace for 14 days following return to NB. Swab Day 10

Employee Health: 1-833-978-2580

Please note all travel outside of New Brunswick requires pre-travel registration through the GNB website regardless of vaccination status

Outside of the Atlantic Provinces

- Agree to testing upon return to NB on Day 5
- Health care workers are responsible to book their own swab <u>COVID-19 Testing and Tracing (gnb.ca)</u>

Outside of Canada:

- Must apply for ArriveCan travel registration
- Agree to testing upon return to the workplace with notification to Employee Health regarding Day 5 and 10 test results
- Follow Work Isolation guidelines until Day 5 results available and negative
- Health care workers are responsible to book their own swabs <u>COVID-19 Testing and Tracing (gnb.ca)</u>

Created: July 20, 2021 Revised: Nov. 8, 2021

^{*}Atlantic Provinces (New Brunswick, Nova Scotia, PEI, Newfoundland and Labrador), or the Avignon and Témiscouata Regional Counties and Listuguj First Nation in Quebec – no restrictions