

**To:** All Staff and Physicians  
**From:** Gail Lebel, Vice President and Chief Human Resource Officer  
**Date:** December 31, 2021  
**Re:** Omicron Variant

As the Omicron variant continues to spread in our province, it is likely that the health system will be tested like never before.

We know that our success thus far in the pandemic has come at a high price for health-care workers and we will be called upon again to lead the fight against this wave.

This crisis could bring high case numbers, staff shortages and service reductions.

As the system moves to prioritize providing only the most essential of services, our main focus will be on saving lives.

**This could mean that we are asked to do different work in different locations, among other asks.**

We understand this could be challenging for some, but we ask that you work with us to get through this.

RHAs and EM/ANB are working together on a plan to support us as we move through this wave. We understand that amid this uncertainty and stress, some of you may be wondering how much more you can take. We are not alone in this fight. The provincial healthcare system will do everything it can to support us.

It is important that we take time to care for ourselves and our loved ones during these challenging days. Please visit our [Employee Health & Wellness](#) on Skyline for useful tools and resources or access our Employee and Family Assistance Program by downloading [Homewood e-AP](#) on your mobile device or visit [Homeweb.ca](#) on your desktop. I encourage you to take time to access these resources.

We are the backbone of this response. Now more than ever before, it is crucial that we lean in and continue to provide the care that New Brunswickers need.