

To: All staff and physicians
From: Christie Ruff, Regional Director of Employee Health, Wellness and Safety
Date: June 2, 2022
Re: **Employee Health Updates**

Employee COVID-19 self-screening tool updated

We have updated our [self-screening tool](#) and will be posting the updated versions at all employee and physician entrances. Please take the time to review the changes below and ensure you are considering the screening criteria each time you enter a Horizon facility. The following changes have been made:

- Screening questions are at the top of the poster.
- Travel guidance has been updated to acknowledge travel in Maine is the same as travel in Canada. No testing is required for travel within Maine or Canada.

Refer to [Employee Health COVID-19 resource page](#) for up-to-date testing recommendations for travel outside of Maine or Canada.

Reminder: Occupational exposure testing for COVID-19

Scenarios 8 and 9 in our [Health Care Worker Scenario Guidelines](#) detail parameters for testing if you are notified of an occupational exposure or outbreak on a unit or department you work in. Employee Health asks that you obtain a PCR test **on the date you were notified** as well as **Days 5 and 10 after your initial test**.

We provide care to vulnerable populations who are at the highest risk of negative outcomes from COVID-19. Please continue to do your part to protect our patients!

Employee Health and Wellness on-site testing clinics

Our on-site testing clinics are available to all employees, students, physicians, and volunteers. Detailed information on location and hours of operation can be found on our [Employee Health COVID-19 Resource Page](#).