

Health Care Worker (HCW) Scenario Guidelines

Revised: August 29, 2022

Return to work for health care workers INFECTED with COVID-19

Vaccine Status	Conventional	Contingency	Crisis
Up to Date <u>OR</u> Not Up to Date	Return to work on the 7th day from day zero and POCT negative on day 7. If POCT remains positive do daily POCT until negative or until day 10 is reached whichever comes first. No fever and symptoms improving Must work isolate until day 10 is reached	Return to work AFTER 5 days with negative POCT OR on the 7th day whichever comes first. Must have no fever and symptoms improving. • Must work isolate until day 10 is reached	Return to work prior to 7th day from day zero regardless of POCT with the following safeguards: No fever and symptoms improving Must work isolate until day 10 is reached Prioritize care to patients with active COVID-19 or who have recovered within past 90 days when at all possible Do not care for patients with immunocompromised status.

NOTE: In the case of a COVID-19 infection, day ZERO is at the start date of symptoms if symptomatic; or the date of the first positive test, if asymptomatic. Symptom onset must be clear to utilize this parameter.

Return to work for health care workers EXPOSED to a confirmed case of COVID-19

Vaccine Status	Conventional	Contingency	Crisis
Up to Date	Work isolate for 10 days following last contact with the positive case. Obtain PCR on day 5 Perform POCT on the day 1, 3 & 7 *Abbott ID is the preferred testing method for POCT	Work isolate for 10 days following last contact with the positive case. Obtain PCR on day 5 Perform POCT on days 1, 3 & 7. *Abbott ID is the preferred testing method for POCT	Work isolate for 10 days following last contact with the positive case. Obtain PCR on day 5 Perform POCT on days 1, 3 & 7. *Abbott ID is the preferred testing method for POCT
Not Up to Date	Must <u>remain out of the workplace</u> returning on 7 th day following the date of positive test of the close contact and a negative POCT , work isolate until 10 days are reached following last contact with positive case during their infectious period.	May work isolate for 10 days following last contact with the positive case. Obtain PCR on day 5 Perform POCT on day 1,2,3, &7.	May work isolate for 10 days following last contact with the positive case. Obtain PCR on day 5 Perform POCT on day 1,2,3, &7.

NOTE: Close contact: contact without mask, less than 6 feet, greater than 15 minutes with positive case.

Center for Disease Control (2022). Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2. Retrieved from: Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 Infection or Exposure to



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Occupational Exposure & Outbreak Testing Recommendations

Occupational Exposures	Required Testing for Exposure	Additional Recommendations
HCW notified of an occupational exposure to a COVID-19 positive patient or staff member 48 hours prior to onset of symptoms or date of POCT/PCR if asymptomatic.	Book a PCR test the day you are notified as well as day 5 and day 10 after your initial swab at GNB.ca OR at EH onsite drop in testing clinic.	Any HCW who is on an outbreak unit must continue to strictly adhere to all IPC PPE protocol and it is highly recommended for PCR testing at onset of outbreak, day 5 and day 10.

NOTE: Risk of contracting COVID-19 increases with duration of exposure, intensity of exposure (i.e., AGMP), and adherence to IPC/PPE protocol. Please be cautious and follow required testing.